



# SPORTS OR ACADEMICS: SHARPEN YOUR DISTRICT'S FOCUS WITH THE RIGHT STRATEGIC CHOICE

ACHIEVING CUSTOMER FOCUS AT SCHOOL DISTRICTS



"Our community really values sports. As a student I benefitted from sports. So, we are going to emphasize sports, because it is the best way to attract new families."

- Principal of an underperforming middle school

"As part of strategy planning, we listened to hundreds of students, parents, and community members. Sports was mentioned many times – sports brings the community together, teaches students discipline, and creates a whole child."

Superintendent of an urban school district

### Sports and Academics in K-12 School Districts

Many public-school leaders and school-district executives believe that sports will help differentiate their school from competitors. They believe a strong sports program can help them gain and retain families that may otherwise defect to competitors.

School leaders cite perennially complaining parents as a rationale to promote sports over academics. When a few parents harangue school leaders demanding a stronger sports focus, should school leaders invest in sports to appease them?

Setting strategy based on the few, but vocal parents can be misleading.

### C-CUBES-K12<sup>™</sup> Parent Voice Study: 2022

The Parent Voice Study is based on parents residing in the U.S., are 18 years of age, and currently have a child in school.

#### Survey Administration

Results are based on a national sample of 10,633 parents who completed an online survey from November 2022 to November 2023. The survey uses proprietary items to measure their student's school and educational experience.

#### Methodology

This report analyzes two items rated as: completely disagree=1, somewhat disagree=2, neither agree/nor disagree=3, somewhat agree=4, completely agree-5.

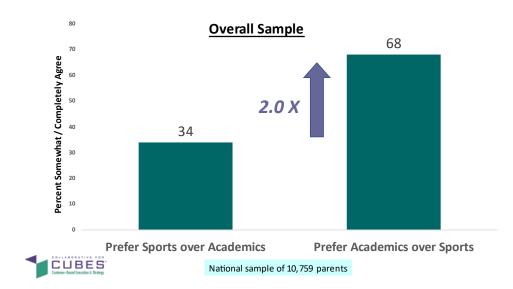
**Prefer Sports over Academics**: *I prefer a school that has a strong sports-program even if it is weak in academics* 

**Prefer Academics over Sports**: *I prefer a school that has strong academics even if it has a weak sports-program* 



### Results

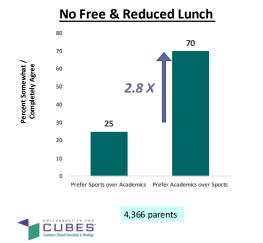
Parents are 2.0 times more likely to prefer stronger academics over stronger sports.



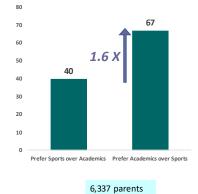
### Figure 1: Overall Results

These results hold for different subgroups. In general, parents are 1.7 to 2.8 times more likely to prefer a school that has stronger academics (but weak sports) over a school that has stronger sports (but weak academics).





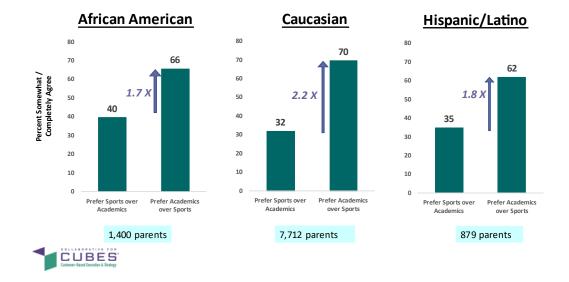
#### Eligible for Free & Reduced Lunch



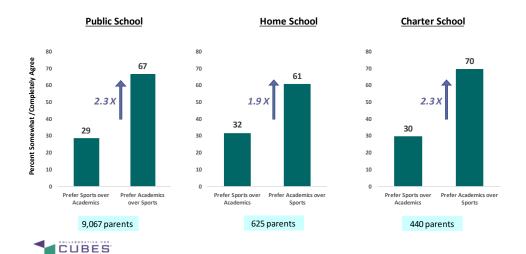
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#### Figure 3: Race/Ethnicity



Parents' preference for schools with stronger academics is consistently strong among African American, Caucasian, and Hispanic/Latino parents. They do not different among public schools, home schoolers or charter schools.



#### Figure 4: Type of School



## Shaping School District Strategy: What's Next?

<u>Physical activity</u> has a small positive association with academic achievement. However, school leaders should not see sports as a substitute for strong academics.

The vast—but silent--majority of parents prefers a school with strong academics even if sports are weak! To succeed school leaders must keep the main thing the main thing. And the main thing is strong academics.

## Author Bio

Dr. Vikas Mittal has published more than 100 articles on customer-focused strategy and worked with senior executives at more than 200 organizations. He is the co-author of a 2021 book: *FOCUS: How to Plan Strategy and Improve Execution to Achieve Growth*.

## **Suggested Citation**

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